

## Important Dates

### SafeUT SuperUser Program Grant Deadline Thursday, December 23, 2021 at 5 p.m.

The SafeUT SuperUser Program grant deadline has been extended! This grant is only available to K-12 schools. Click [here](#) to apply.

### New SafeUT Training of Trainers

This one-hour course takes school personnel through the SafeUT student presentation, Mental Health & Coping. Upon completion, participants will be certified SafeUT trainers and have access to SafeUT presentation materials.

Join us for our next Training of Trainers on Friday, January 7, 2022 at 9 a.m.

Register [here](#) before all spots are filled!



### Annual Report

In case you missed it, SafeUT's Annual Report (Fiscal Year 2020-21) is here. Read about SafeUT's expansion, how we're effective at saving lives and de-escalating potential school incidents, and the effects of utilization from COVID-19. All of it can be found online [here](#).

### Outreaches Available

Scheduling a virtual or in-person presentation for your school has never been easier! If you'd like us to speak to your students, parents/guardians, and/or educators, fill out the [Outreach Request form](#) on our website.

For questions or help, contact us.

Phone: **801.587.8852**

Email: [SafeUT@hsc.utah.edu](mailto:SafeUT@hsc.utah.edu)

### Conversation Starters

SafeUT offers a listening ear and qualified support in times of crisis, but no one can truly replace the influence of a loved one.

It starts with honest, open conversations with a student about topics such as mental health and conflict resolution. In collaboration with the Utah State Board of Education, we've created a Conversation Starters handout for you to share with parents/guardians at your school. View and download the document [here](#).

### 'SafeUT Saved Our Child's Life'

"Several years ago, our teenager went to school and told friends they were going to commit suicide the night before, but decided they wanted to come say goodbye first.

One of their friends contacted SafeUT, who contacted their principal, who contacted us. We took our kiddo to the ER where a social worker determined they needed to be hospitalized. We followed that advice, and while our teen was angry with us for the first few days, being hospitalized was what our kiddo needed. SafeUT saved our child's life." — @Marie71

### In the News

[SafeUT mental health app helps those in need connect to community resources](#) *Fox13, September 27, 2021*

[Mental health calls to Safe UT app 'more intense' since pandemic](#) *KSLNewsRadio, September 27, 2021*

[21% of students dealing with suicidal thoughts, SafeUT report shows](#) *ABC4, September 27, 2021*

[The SafeUT app helps suicidal students get help. The program hopes to do the same for Utah's front-line workers](#) *KSL.com, September 27, 2021*

[Police: 12-year-old girl brings loaded handgun to Tooele school, twice](#) *KSL TV, November 3, 2021*