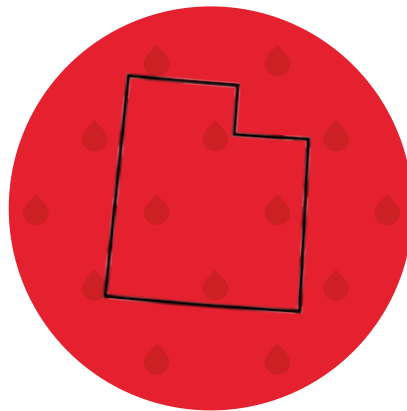


Updated
2023

SUMMER *Resource* GUIDE



Contact the Utah
Parent Center:

801-272-1051




**STATEWIDE RESOURCES FOR
SUMMER ACTIVITIES**

utahparentcenter.org



Utah
Parent
Center

Bringing Hope
Opening Doors
Elevating Inclusion



This list of activities for children, youth, and young adults with disabilities and special health care needs is compiled by the staff at the Utah Parent Center. Every effort is made to ensure that these resources and the information about them is current, but contact with each program is encouraged to verify availability. Unless otherwise noted, current Covid-19 protocols should also be checked with each entity.

UTAH PARENT CENTER INFORMATION DISCLAIMER

The Utah Parent Center's mission is to help parents help their children with disabilities to live included, productive lives as members of the community. We accomplish this through the provision of information, training, and peer support. The Utah Parent Center is a private, non-profit organization that receives federal funding to be Utah's Parent Training and Information Center by the Office of Special Education. The Center also receives funding from other federal, state, and private agencies, organizations, and individual donors. The Utah Parent Center (UPC or Center) does not represent or endorse any particular point of view, program, organization, business, or professional unless expressly stated and no endorsement may be inferred by the UPC or any of its funding sources. Every effort is made to provide accurate and complete information. Information provided to the UPC by other individuals, agencies, or organizations is solely the responsibility of the source and readers are encouraged to contact them with questions or concerns. Only approved items are included herein. The UPC is not responsible for information or services provided by agencies, organizations, or individuals listed. Readers are responsible to investigate resources to determine if appropriate when making informed decisions. Permission to reprint the information herein is granted with complete attribution.

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Key to Icons



Community Inclusive and/or Accessible



Online or virtual options

Tips for Creating Inclusion for Any Community Resource

STEP ONE:

- Begin by identifying your child's likes and preferences.
- What is their vision for a perfect summer?
- Help your child brainstorm a list of ideas.
- Write a list of your child's strengths, getting input from others who know your child well. Share this list with your child, and consider these strengths in your brainstorming.

STEP TWO:

- Make a list of places in your community that offer programs that align with your child's vision for the summer. Don't limit yourself to those that only offer special needs programs.
- Ask around for others that might know of possibilities: neighbors, teachers, rec centers, tourism bureaus, non-profit organizations, school districts, community colleges, social workers and provider agencies.

STEP THREE:

Define what is important **TO** your child:

- Being with or making friends
- Sports
- Arts
- Being outdoors
- Staying indoors

Define what is important **FOR** your child:

- Physical Activity
- Continuity and structure
- Full-time, part-time, or occasional care
- Trained staff
- Constant supervision

Consider the specific needs of your child:

- Medical needs
- Assistance with diapering or hygiene
- Safety
- Working on specific skills
- Continuity in schedule

STEP FOUR:

Gather information on the potential places of interest on your list.

- Call the organizations, businesses, or facilities that align with your child's vision and meet their needs.
- Share your child's vision and strengths
- Share 2-3 specific needs that will need to be accommodated for your child to participate

Offer to volunteer support that can help your child be successful. This might include things like training staff on how best to interact with your child, staying nearby or even at the location during your child's participation, providing necessary snacks or drinks for dietary restrictions or needs.

Many programs accommodate special needs when they can; do not assume your child can't go just because a special/adaptive program isn't necessarily offered. If it sounds like something your child will enjoy, ASK! Many of these places want to offer inclusive environments.

ADDITIONAL TIPS AND CONSIDERATIONS:

- Consider your child's safety needs.
- Beware of overscheduling: do you use summer to schedule extra therapy or medical appointments?
- Use your child's IEP or 504 plan to provide a starting point for what accommodations might be needed in order for your child to participate. For instance, will your child be more successful in small groups or with reduced expectations. Will they need high repetition when learning new skills? What forms of prompting might be needed (give specific words or gestures to use).

Looking for inclusive childcare?

Summer can create a unique need for childcare options. This resource can give parents skills to find the right fit for their family:

<https://www.usu.edu/careaboutchildcare/inclusivechildcare/>



Cache, Box Elder, & Rich County Area

Contact programs for current coronavirus updates and precautions.

THE FAMILY PLACE

The Kid's Place is a place that offers free services to families in crisis. The program offered to caregivers with children ages 11 and under. Our goal is to provide a safe, caring place for children to stay when caregivers need extra support. We focus on emotions and the needs of children and caregivers. This service is open to all families in our community. Social Emotional Summer Camps offered. There is a sliding scale fee for non-crisis families. Locations is Logan, Hyrum and Smithfield
Website: <https://thefamilyplaceutah.org/product/childrens-social-emotional-summer-camps/>

ASPIRE PERFORMANCE ACADEMY

Gymnastics, Music, Writing, and Theatre - Aspire Performance Academy of the Arts is committed to offering courses for all ages and all abilities. Our regular courses are offered with integrated teaching, or a push-in teaching model, for all abilities. However, the A.R.K. program is designed for children who prefer additional support for special needs. The classes are smaller with more one on one instruction, but still offer an opportunity for social time. The curriculum will be tailored to the individual students' needs.

Website: <https://www.aspireperformanceacademy.org/>

Phone: (435)515-0054

Email: info@aspireperformanceacademy.org

Location: 1149 450 W #103, Brigham City, UT 84302

Ages: 0 through 17 years



JUMP THE MOON

Motivated by love and belief in the unlimited potential of every person, we utilize the arts and creativity to bring hope, expression, imagination, empowerment, and freedom to all, especially those that were thought to be limited.

Website: <https://jumpthemoon.org/>

Location: 48 N 100 W Logan, UT 84321

Contact: Michael Bingham

Phone: 435-750-5066

Email: michael@jumpthemoon.org

LIFE-SKILLS & INDIVIDUAL NEEDS CENTER

Provides supported living, supported employment, day supports, respite and family supports for adults. Participants are funded through DSPD, Vocational Rehabilitation, and private pay.

Phone: (435) 723-3913

Location: Brigham City

Website: <http://lifekillsandindividualneedscenter.org/>

COMMON GROUND OUTDOOR ADVENTURES

Provides adaptive equipment and support which enable people with disabilities to participate in outdoor recreation alongside their peers. In-person and virtual activities are available.

Website: www.cgadventures.org

Phone: (435) 713-0288

Location: Logan

Age: All ages

Email: info@cgadventures.org



STRIDE SERVICES (formerly the Developmental Skills Laboratory)

Has a new name and logo, but the changes are a lot more than skin-deep. Stride Services (formerly the Developmental Skills Laboratory) provides services to youth and adults with developmental disabilities living in Cache Valley (Utah) and southern Idaho. Services focus on inclusion and integration, individualized support ensuring access to the community, independence, and productivity. Stride Services provides opportunities to seek employment in competitive integrated settings and adheres to the Home and Community-Based Settings Regulation requirements.

Website: <https://idrpp.usu.edu/services/stride-services>

Phone: (435) 797-8528

Location: Logan (USU)

Email: drake.rasmussen@usu.edu

Age: Up to 21 years

LOGAN ADAPTIVE AQUATICS

People with disabilities are welcome to come utilize the Logan Aquatic Center. Families are encouraged to come and swim with their loved ones. Lifeguard is on duty. Noodles and lifejackets are available. The leisure pool is wheelchair accessible.

Website:

https://www.loganutah.org/government/departments/parks_and_recreation/aquatic_center/adaptive_programs.php

Location: 451 South 500 West, Logan

Phone: (435) 716-9250

Cost and Duration: Vary based on program

OPTIONS FOR INDEPENDENCE

A nonresidential Independent Living Center where people with disabilities can gain more control and independence over their lives. They also offer weekly activities throughout the year. Always call first to confirm activities are being held.

Annual Healthy Relationships University hosted during the summer for teaching young adults 18-30. Addresses family, friend, professional, romantic relationships.

Call Wendi Nelson for more information. The Curriculum is also taught in the school district.

Website: <http://www.optionsind.org/>

Phone: (435) 753-5353

Location: Logan & Brigham

Email: jbiggs@optionsind.org

Age: All ages

Cost and Duration: Vary based on program

RISE Services Inc.

Offers afterschool and summer programs as well as day programs. Summer programs provide children with enjoyable recreational activities that include skill development. The programs have a high staff-to-child ratio.

Website: <http://www.riseservicesinc.org>

Email: utfsplacements@riseservicesinc.org

Phone: (435) 752-2405

Location: Logan

SPECIAL OLYMPICS- Golden Spikers

Year-round sports training and athletics competition for people with disabilities. Team practices in Brigham City and Tremonton, and welcome athletes of all ages from all over Box Elder County.

Contact: Lara Krause

Phone: 801-363-1111

Website: <http://sout.org/golden-spikers/>

Age: All ages

E-mail: goldenspikers@gmail.com

TOP Sports Activities

Addresses the recreational and leisure activities needs of children and youth with disabilities living in the Cache Valley area. Activities include: t-ball, basketball, soccer, bowling, and swimming.

Website: <http://cpd.usu.edu/services/top-sports-activities>

Phone: (435) 797-3727

Age: Swimming-all ages, others-start at age 2 ½



Davis, Weber, Morgan County Area

Contact programs for current coronavirus updates and precautions.

Roads to Independence/ Independent Living Center

Independent living services, assistive technology and home modification, recreation and community integration.

Website: <https://rticil.org/>

Phone: (801) 612-3215

Email: info@roadstoindependance.org

Address: 3355 Washington Blvd. Ogden 84401

CAPES (*Fall and Spring only*)

Children's Adaptive Physical Education Society (CAPES!) is a skill development initiative for children with disabilities in and around the Ogden community. Weber State students work with participating children as a collaborative effort between the special education and physical education departments in the Jerry & Vickie Moyes College of Education. CAPES!

Website: <https://www.weber.edu/capes>

Location: Weber State University, Ogden, Utah 84408

Contact: James Zagrodnik, PhD 801-626-7084 jameszagrodnik@weber.edu

Contact: Natalie Williams, PhD 801-626-8654 nataliewilliams1@weber.edu

Freedom Riders

Freedom Riders is a non-profit equestrian program specifically designed for physically disabled children. Freedom Riders uses well-trained horses and specialized equipment to provide balance, coordination, endurance, and improve ambulatory skills to children with cerebral palsy and other physical challenges. These children, with the help of dedicated volunteers, meet each week during the summer months to learn horsemanship skills as well as stretching exercises and games on horseback.

Website: <http://freedomridersutah.com/>

Location: Golden Spike Event Center 1000 N 1200 W St, Ogden

Contact via FB messenger: <https://www.facebook.com/FreedomRidersUtah/>

Clearfield City Recreation

A Variety of activities including a Summer Recreate in the Park program and Friday Adventures. They allow care/support personnel for an individual with a disability to attend with them for free.

Recreation Manager: Jackie (801) 525-2794

Youth Leagues (Soccer, baseball, basketball, pickleball)

Recreation options vary throughout the year. Registration ages that fall within grade categories are determined by what grade your child will be as of August 31st.

Website: <https://clearfield.city/parks-recreation/youth-sports-leagues/>

Location: 55 South State Street, Clearfield

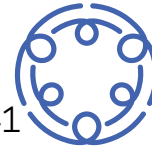
Lil Flippers

Gymnastics gym for children to experience a wide variety of activities using equipment made specifically for this age group. Supports full inclusion, if an aide is needed they will provide one. Call the office for details.

Phone: (801) 593-8484

Website: www.lilflippers.com

Location: 814 West 1425 North, Suite B, Layton, UT 84041



Ohana Day Center

Ohana is a unique day center for adults with cognitive and developmental disabilities. Members can anticipate and attend activities that are best suited for them by checking the planned weekly schedule. Summer activities include biking, hiking, fishing, swimming, canoeing, art specialists, music therapists, bowling, cultural studies, and life skills.

Ages: 18+

Cost: \$55 a day includes lunch. There are other activities for a discounted price.

<https://www.instagram.com/ohanadaycenter/>

Location: 1492 S 800 W #E, Wood Cross

Phone: (801) 683-8986

South Davis Recreation Center Adaptive Swimming

This special needs program provides individual and personalized instruction based on experience and ability in the water. When possible, students are placed into regular classes and appropriate swim levels. This is a unique opportunity for those with special needs to learn how to swim. Offered year-round

Website: https://sdrd.activityreg.com/selectactivity_t2.wcs

Phone: (801) 298-6220

Location: 550 N 200 W Bountiful

Cost: \$40 per session



SwimKids

Where Fun & Safety Meet. With over 30 years' worth of experience teaching children 4 months and up, SwimKids can tailor lessons specifically to your child's needs and abilities. Our well-trained, enthusiastic, and caring instructors are eager to teach your child to swim. Offering regular classes year-round.

Phone: (801) 691-7946 (call or text)

Website: <https://www.swimkidsutah.com>

Location: 738 west 2525 south Syracuse

Email: office@swimkidsutah.com

TOPSoccer: A Program of Utah Youth Soccer Association

Designed to bring the opportunity of learning and playing soccer to any body that has a disability, to provide meaningful learning, development, and physical participation opportunities through soccer.

Ages: 4-99

Website: <http://www.utahyouthsoccer.net/top-soccer>

North Ogden Summer Camps

Sports, science, and arts and crafts programs. Register online.

Website: <https://www.northogdencity.com/parksrec/page/summer-camps>



Ogden Nature Center Summer Camps: Day Camps, overnight stay camps, and family camp out for all ages!

Ages: 2-21+

Website: <https://www.ogdennaturecenter.org/education/summer-camps>

Membership Discounts available on all events and programs.



Weber Summer Days

Building confidence, making memories, and forming life-long friendships are just a part of the fun to experience at Summer Day Camp! The YMCA's Summer Day Camp is a fun and unique experience that gives children and teens the opportunity to discover their full potential, play, learn something new and develop new skills that last a lifetime. Camp at the YMCA is all about learning outside of school, exploring and appreciating the outdoors, and leadership development at all ages!

Website: <https://ymcautah.org/summerdaycamp/webercounty>

Phone: 1.877.690.YMCA (9622)

Email: ymca@ymcautah.org



Utah High School Cycling League's Elevate Program

In partnership with the NAC and the Utah High School Cycling League, a unique opportunity for any student 7th-12th grade with a disability to learn how to mountain bike with the goal of competing as a member of their school's mountain bike team.

Website: <https://www.utahmtb.org/elevate-program/>

Ages: 7th-12th grade

Email: dallen@utahmtb.org



GiGi's Playhouse

An achievement center with 14 different programs for individuals of all ages with Down syndrome. Free programs as well as great volunteer opportunities are available. Summer activities include Preschool Prep, Dance, and Summer Camp.

Website: <https://gigisplayhouse.org/layton/>

Phone: (801) 784-7429

Location: 1916 N 700 W #140, Layton



Salt Lake County Area

Contact programs for current coronavirus updates and precautions.

Adaptive Recreation Salt Lake County:

SL County offers many adaptive rec programs.

Website: <https://slco.org/parks-recreation/adaptive/>

- **Disability Fitness Pass:** <https://www.slco.org/adaptive/disability-fitness-pass/>

Facebook page: <https://www.facebook.com/SaltLakeCountyAdaptiveRecreation>

- **Copperview adaptive programs:** <https://www.slco.org/copperview/adaptive/>

Phone: (385) 468-1515

Location: Varies in SL County

Bear-O-Care Offers year-round respite care services for children and adults with significant disabilities. Children will have a variety of activities to choose from. Every session has a Manager, Respite leaders, and volunteers from local high schools and universities. Depending on need, an RN or LPN can be onsite to administer medications, deliver g-tube feedings, or assist with other needs (please specify your needs in the registration form).

Website: <http://www.bearocare.org/>

Ages: 6-Adulthood

Location: 1864 W 12600 S Ste 7-9 Riverton UT 84065

Angels Hands: AHF provides monthly social outings for our families of children with rare and undiagnosed disorders. Many of our children do not go out in public due to their conditions or physical limitations. AHF has taken families to professional hockey, basketball, and baseball games. We have had private swimming parties, pizza parties, Christmas parties, fishing parties, picnics, taken kids snow skiing, and we also have gone to movies and the circus. Many of these events are luxuries that our families cannot afford due to the financial hardships brought on by the diseases.

Website: <http://angelshands.org/>

Location: 11152 Sunup Way, South Jordan, UT 84095

Art Access/VSA Utah:

Art Access hosts public workshops:

Website: www.accessart.org

Phone: (801) 328-0703

Location: 230 S 500 W #125, SLC

Email us at workshops@artaccessutah.org

Aqua-Tots Swim School: Offers S.N.A.P. (Special Needs Aquatic Program), creating lessons tailored to each child's needs and abilities

Website: <https://www.aqua-tots.com/s-n-a-p-swim-lessons-for-children-with-special-needs/>
<https://www.aqua-tots.com/midvale/>

Phone:(801) 653-3907

Email: midvaleinfo@aqua-tots.com

Bear-O-Care: Offers year-round respite care services for children and adults with significant disabilities. Children will have a variety of activities to choose from. Every session has a Manager, Respite leaders, and volunteers from local high schools and universities.

Depending on need, an RN or LPN can be onsite to administer medications, deliver g-tube feedings, or assist with other needs (please specify your needs in the registration form).

Website: <https://www.bearocare.org/>

Ages: 6 through adulthood

Location: 1864 W 12600 S Ste 7-9

Riverton UT 84065

Email: Trudi O'Brien trudibearocare@gmail.com

<https://www.bearocare.org/contact-us>

Best Seats in the House: We provide life-changing experiences for children during difficult times; be it health or under-privileged situations. We create an opportunity for these children and families to experience joy and most importantly hope.

Website: <https://bestseatslc.org/>

Email: info@bestseatslc.org



Boys and Girls Club: Programs for children of all abilities.

Website: <https://www.gslclubs.org/>

Age: Grades K-12

Midvale: 7631 Chapel St 801- 256-9008

Murray: 244 E Myrtle Ave 801-261-6180

Sugar House: 968 E Sugarmont Dr 801-484-0841



Club U Camps: Club U Summer Camp programs are the place to be for children and young adults looking to engage with their community. Inclusive summer programming offers children of all ages opportunities to explore the world around them, while developing 21st century skills enabling them to navigate an ever changing world.

Website: <https://continue.utah.edu/clubu>



Camp Kostopulos: Offering year-round programs for children, teens, and adults with physical, developmental, and intellectual disabilities. We proudly serve people of all abilities.

Programs include:

Summer Camps (June - August)

Partner Day Camps (June - August)

Community-Based Programs (Recreation activities September - April)

Specialty Programs (4 week programs offered September - April)

Equestrian Programs: Offered year round (indoor arena)

SWEET--Summer Work, Exploration, Experience, and Training (A Voc Rehab program offering high school students a chance to practice employment skills and earn a paycheck.)

Team Building Activities

Website: www.campk.org

Phone: (801) 582-0700

Location: 4180 E Emigration Canyon Rd.

Cost and Duration: Vary based on program

Dancers with Disabilities: Summer Adaptive Needs Dance at Tanner Dance: Our unique fine arts half-day camps will include dance, music and visual arts.

Our summer studio session for Adaptive Needs Dance classes run June 10th-July 8th. Look at both options and see what fits your summer schedule. With our positive approach and engaging philosophy, this experience will be different from any other. Discover and celebrate your artistic capabilities! DSPD funding accepted.

Summer dance session: <https://tannerdance.utah.edu/summer-weekend/>

Summer ½ day camps: <https://tannerdance.utah.edu/dwd-camps/>

Girls on the Run: Fall and Spring programs

Eight-week program with two 60-90 minutes lessons per week. More than running! At Girls on the Run, we inspire ALL girls to build confidence and make intentional decisions while fostering care and compassion for themselves and others. Trained coaches use physical activity and dynamic discussions to build social, emotional, and physical skills in every girl while encouraging healthy habits for life.

Elementary School Program: 3-6 grades

Middle School Program: 7-8 grades

Fall Program: Sept 5-Nov 18, sign-ups in Aug.



Girls on the Run of Utah is proud to now serve Box Elder, Cache, Carbon, Davis, Morgan, Salt Lake, Summit, Tooele, Utah, Wasatch, and Weber counties in Utah. Check our website for team locations near you!

Website: <https://www.girlsontherunutah.org/>

Cost: Varies- Scholarships available

Phone: 801-913-5584

Harmony Music Therapy: All ability music groups. Individual and group music therapy. Individual adapted music lessons. There are also adaptive musical instrument lessons.

Website: <https://harmonymusictherapy.com/>

Email: info@harmonymusictherapy.com

Phone: (801) 200-3273

Location: 8261 Viscounti Dr Sandy

Ages: All

Price: See website \$45 to \$150 per session



I See You Utah: This new organization's purpose is to help individuals and entire families with invisible illnesses. They will be hosting activities throughout the year, such as support groups, music therapy, and art therapy.

Location: Davis, Salt Lake & Utah Counties

Phone: (801) 410-1773

Cost: Free

Website: www.iseeyouutah.org



Jewish Community Center Summer Camps: Enrolls children and teens with special needs into their summer camps program depending on the needs.

Website: <http://slcjcc.org>

Phone: (801) 581-0098

Contact: Teresa Cereska, at tcereska@slcjcc.org



Just For Kids Pediatric Occupational Therapy: Provides occupational therapy services to children with sensory processing disorder, autism, and developmental delay. In the summer, Just for Kids provides intensive individual occupational therapy, social skills camp, writing camp, and field trips.

Website: <https://www.otjustforkids.com/>

Email: susan@otjustforkids.com

Phone: 801-231-9207

Kyle Pease Foundation: Helping individuals complete endurance races from 5Ks to Marathons to various distances of triathlons. They pair each differently-abled athlete with an assistant. They also aid each athlete with obtaining equipment or coaching required to complete the race. Website: <https://www.kylepeasefoundation.org/>

Kearns Oquirrh Park Fitness Center Adaptive Aquatics

This class is designed to work with children ages 3 and up who have special needs/disabilities. Our Adaptive Aquatic instructors are trained to lead participants through a range of water experiences that encourage independence in the water, socializing and specific swimming or exercise skills and routines. The ratio is one student to one teacher. Classes run with our regularly scheduled lessons. View schedule now.

Website: <https://kopfc.com/programs/>

Address: 5624 S. Cougar Ln ▪ Kearns, UT 84118

Phone: 801-966-5555

Cost is the same as our group lessons per session (6×30 minute classes):

\$42.00 per session for general

\$36.00 per session for members

Mascot Miracles Foundation

MMF kids and their families enjoy special experiences designed just for them - where they are safe, allowed to be themselves and enjoy activities at their own speed and abilities. We host at least one experience per month for these special kids including Night at the Aquarium, Stick Horse Rodeo, Cowabunga Bay, Polar Express Rides with Santa, one-on-one events

Website : <https://www.mascotmiraclesfoundation.org/About>

Contact: 801.493.9394

Facebook : Join - "Mascot Miracles Family Information" group for updates

Movement Mentors-Ballet West: Movement Mentor is a unique program that pairs advanced students of the Ballet West Academy with students of special abilities for weekly dance classes at the three Ballet West campuses. The mentors and students pair up for the entire year and perform together in the year end concerts. The class is taught by Ballet West adaptive dance instructors, and the students receive one on one guidance from their peer mentors, creating bonds of friendship, trust, and learning.

Website: <https://balletwest.org/outreach/movement-mentor>

Contact: Audrey Dodd - Associate Adaptive Dance Director adodd@balletwest.org

Murray Greenhouse Foundation: Offers a solution for individuals with disabilities age 22 and older. Conceived as a safe and nurturing learning place whose cornerstone is their greenhouse. The foundation provides the teaching of individualized independent living skills and employment skills for people with disabilities. Space is limited.

Website: <https://murraygreenhouse.org/>

Phone: (801) 266-0669

Age: 22 and older

Program hours: M-F, 11:00 am - 5:00 pm

Location: 6366 S 900 E, Murray

Neighborhood House: Neighborhood House provides a safe, home-like environment for non-aggressive individuals 18 years and older who need supervised care during the day. Our programs ensure our clients receive the physical, mental and social services they need. We also have summer camps for children ages 6-14. Children with disabilities are welcome!

Website: <https://nhutah.org/children-s-center/summer-program>

Cost: Varies

Children's Campus: 1050 W 500 S (801) 363-4589

Riverside Adult Day Center: 423 W 1100 W (801) 363-4593

Cottonwood Adult Day Center: 1580 E Vine St (801) 277-3264

Rite Care Learning Centers: A speech therapist is paired with the child and parent for weekly sessions. The participation of the parent or other attending adult is essential. When the adult learns along with the child, the concepts taught can be reinforced at home.

Website: <https://www.ritecareutah.org/>

Location: 650 East South Temple, SLC

Email: info@ritecareutah.org

SLCC Summer Reading Skills Program: Offers a 5-week long summer program for struggling reader's grades k-12. They provide individualized attention, group instruction, and engaging materials.

Phone: (800) 964-8888

Age: Grades K-12

Various Location: Taylorsville, Sandy, West Jordan, West Valley City, Sandy



Special Needs Scouts and Autism Spectrum Inclusive Scouts: David can help support local groups to include kids with special needs, or connect you to current special needs groups. Call for more information.

Contact: David Lyon-801-440-5070 or Roger Heslop-801-791-1528



Stable Place: Dedicated to improving the lives of people and horses. They work to create an environment where horses and people can help heal each other, regardless of physical, mental, or emotional challenges. Please contact and schedule a visit to this private residence. The address is not posted.

Website: <https://www.thestableplaceslc.com>

Email: info@thestableplaceslc.com

Location: West Valley City

Phone: (801) 860-3906



Spyhop: Let your child's creativity run wild with Spy Hop in a weeklong summer camp. Campers put their creativity to work to create their own art; from wacky to silly, uber-cool, and weird, each camp allows kids to express their wildest ideas by making movies, animations, music, video games, and more! All camps are guided by Spy Hop's talented artist mentors, giving campers a caring counselor, hands-on instruction, and ample opportunities to connect and collaborate with their friends. Explore strictly Spy Hop camps and others that combine the Spy Hop experience with a camp partner such as Wasatch Community Gardens, 1520 Arts, or Clever Octopus. With days that are jam-packed with equal parts play and project-based activities, kids have endless opportunities to have fun and make the art in their head come to life!

Spy Hop Summer Camps June 5 – July 21, 2023

- Registration opens April 17, 2022
- Daily Camps: 9:00 am – 3:30 pm (early drop-off available at 8:30 am)
- Spy Hop Hangout (Extended Care): 3:30 – 5:30 pm (no additional fee, but sign up for extended care is required)
- Weekly Tuition: Sliding scale \$85 – \$325 per week

Website: <https://spyhop.org/program/summer-camps/>

Location: 208 West Harvey Milk Blvd., SLC, UT 84101

Email: info@spyhop.org

SwimKids: Where Fun & Safety Meet. With over 30 years' worth of experience teaching children 4 months and up, SwimKids can tailor lessons specifically to your child's needs and abilities. Our well-trained, enthusiastic, and caring instructors are eager to teach your child to swim.

Website: <https://www.swimkidsutah.com>

Email: holladay@swimkidsutah.com

Phone: (801) 691-7946 (call or text)

Locations: 4679 S 2225 E, Holladay UT, 70 S Fairfield 84041 Layton, Utah

550 W 220 S St, Pleasant Grove, UT

TOPSoccer: A Program of Utah Youth Soccer Association: Designed to bring the opportunity of learning and playing soccer to any boy or girl, ages 4-99 that has a mental or physical disability, to provide meaningful learning, development, and physical participation opportunities through soccer.

Website: <https://www.utahyouthsoccer.net/top-soccer>

Phone: (801) 307-5150

Age: All ages

Tracy Aviary and Botanical Garden in Liberty Park: Tracy Aviary inspires curiosity and caring for birds and nature through education and conservation.

Website: <https://tracyaviary.org/>

Phone: 801-596-8500

Location: 589 E. 1300 S., Salt Lake City, UT



U Can Learn Center: Non-profit learning/tutoring center specializing in evaluating and treating the 'blockages' to learning, in particular, central auditory processing, visual processing, language delays, ADD and ADHD, and dyslexia, with locations in Murray and South Jordan.

Website: <http://www.ucanlearn.net/>

Phone: (801)683-5999

Location: 6375 S Highland Drive, #202, Salt Lake City

U of U Reading Clinic: Offers Reading Assessment and Intervention, Professional Development, Mobile Reading Clinics, and Consultation Services. The clinic helps students become successful readers and is a resource for parents, teachers, and struggling readers, especially those students in grades one through three. Children who qualify for services are enrolled on a "first-come, first-served basis" when space is available. Programs are available in the summer.

Website: <https://uurc.utah.edu/>

Location: 5242 S 480 W, Suite 100, Murray

Phone: (801) 265-3951

Email: uurc@ed.utah.edu

U-FIT: is a family-centered program designed for children and youth with special needs. We provide physical activities in a fun, noncompetitive atmosphere that will help individuals reach their goals!



Website: <https://special-ed.utah.edu/u-fit/>

Utah Independent Living Center: Dedicated to assisting persons with disabilities to achieve greater independence by providing services and activities to enhance independent living skills and promote the public's understanding, accommodation, and acceptance of their rights, needs, and abilities. ASL Video Phone: 801-657-5220.



Website: <https://uilc.org/en/>

Location: 3445 S Main St, Salt Lake City

Phone: (801) 466-5565

Cost and Duration: Vary based on program

Wasatch Trampoline and Tumbling: **MAY 7TH 2022 only!** Join us for a free, 1 on 1, adaptive gymnastics class for children with physical or mental disabilities. All ages welcome! Our staff and team athletes are excited to create a fun and safe environment for your children to come and learn. Please call the number below to reserve your free lesson.

Phone: 801-889-9375

Email: wasachtumbling@live.com

Location: 13702 S 200 W, Suite B6, Draper, UT

West Valley Family Fitness Center: Land, aqua, and outdoor fitness programs for individuals with disabilities are available. Offerings are constantly being added and adapted, so contact us for the latest available options.

Beach entry pool and pool lifts are available

Website: <https://www.wvc-ut.gov/1616/Adaptive-Recreation>

Location: 5415 W 3100 S West Valley

Phone: (801) 955-4156

Contact: Parker Chapple



Summit/Wasatch County Area

Contact programs for current coronavirus updates and precautions.

National Ability Center (NAC): The NAC & Splore Utah has combined to offer the development of lifetime skills for people of all ages and abilities by providing affordable outdoor sports and recreational experiences in a nurturing environment. Some of the programs available are day camps, swimming, horseback riding, and many more. Please visit their website for a complete listing of what is available.

Website: <https://discovernac.org/>

Phone: (435) 649-3991

Location: 1000 Ability Way, Park City

Ages: Vary based on program

Cost and Duration: Vary based on program

Summit Community Gardens: This activity is a community-based garden serving as a destination to gather, learn and grow! Summer camps offer the opportunity for children to learn about a different gardening theme each week with hands-on gardening activities – working in the garden, completing nature projects, learning about how plants grow, and having free time to play outside. This is an inclusive program please call for details.

Website - <https://www.summitcommunitygardens.org/2023-camps-pre-registration>

Phone: Sloane 406-581-1060

Email: sloane@summitcommunitygardens.org

Location: 4056 Shadow Mountain Dr, Park City, UT 84098

Ages: 1st-6th grade Cost and Duration: \$375 for week long camps; June-Aug Scholarships are available, please email for information.



C.A.S.T for Kids: This event is designed to provide children with disabilities, ages 6 – 18, the opportunity to enjoy a quality outdoor recreational experience through the sport of fishing. Take to the water with C.A.S.T. for an unforgettable morning of fishing and boating! Registration will begin late Spring. Contact Melanie Castillo for info or to register. Visit the website for a calendar and location of events.

Website: <https://castforkids.org/c-a-s-t-for-kids/> OR

<https://castforkids.org/event/strawberryreservoir/>

Next event date: 6/17/2023

Phone: 801-885-3486

Location: Heber City

Note: An adult caregiver must accompany the participating individual.

Tooele County Area

Contact programs for current coronavirus updates and precautions.

Utah Independent Living Center (Tooele Satellite): The UILC is a non-residential facility that provides services which enhance the independence of people with disabilities.

Website: www.uilc.org/

Phone: (435) 843-7353

Location: 52 N Main St, Tooele

Ages: 14-22

Cost and Duration: Vary based on program

Email: uilc@uilc.org



Boys & Girls Club: Programs open to children of all abilities.

Website: https://www.gslclubs.org/find_a_club/tooele-club.html

Age: Grades K-12

Location: 438 W 400 N, Tooele UT 84074

Phone: 435-843-5719



Special Needs Scouts and Autism Spectrum Inclusive Scouts (Grantsville Group)

Chairman: Milo Perkins

Phone: 435-882-5718

Scout Master : Clinton Gunderson

Phone: 801-557-2663

Camp Hobé: A special summer camp designed for children with cancer and their siblings, who are often forgotten in the cancer experience. Camp Hobé gives kids the opportunity to participate in camp activities just like children whose families are not affected by cancer. The camp program provides medical and psychosocial supervision to ensure children are safe both mentally and physically during camp. Camp is held each June. Sessions are usually held the middle two weeks of the month.

Website: www.camphobekids.org

Duration: 1 day/ 1 overnight/ 1 week

Location: Camp Wapiti, Tooele

Ages: 4-19



Drop Zone U : Trampoline park in Tooele County area, offering high-energy and exciting entertainment.

Website: <https://dropzoneutah.com/>

Phone: 435-843-9900

Location: 227 N. Main St. ,Tooele UT 84074

Deseret Peak Complex : The Deseret Peak Complex features an impressive array of venues ideally suited for the attraction of a wide range of events and activities .Motorcycle track, aquatics center, Utah Fire Museum and so much more !

Website: <https://deseretpeakcomplex.com/>

Location: 22930 W Highway 112, Tooele, UT 84074

Phone: 435-843-4000

Email: info@deseretpeak.com



Utah Motorsports Campus : Go Karts, Race Track, UMC Family Fun Center

Address: 512 Sheep Ln, Erda, UT 84074

Phone: (435) 277-8000

Website: <https://www.utahmotorsportscampus.com/>



Utah County Area

Contact programs for current coronavirus updates and precautions.

Adaptable Art: Youth Arts Festival Adaptable Art Class: This adaptive art class is specialized to meet the needs of all students, especially those with special needs. We will be doing multiple art projects using a variety of materials each day. Two classes are offered (ages 4-7 and ages 8+). The YAF runs in June each year for two weeks. Registration opens May 9, 2022 for classes to be held June 4-15th.

Website:

https://www.spanishfork.org/departments/parks_and_recreation/arts/youth_arts_festival.php

Cost: Free for those with special needs.

Location: Spanish Fork High School

Phone: 801-804-4600

Email: yaf@sfcn.org

Cost: Free for kids with special needs

Autism Adventure Summer Camp: A fun adventure for youth with autism, ages 11-18 (or entering grades 6th-12th in the fall of 2023). Autism Adventure Camp is \$195-\$215. Children will grow and connect with other children as they explore in the Museum of Natural Curiosity.

Website: <https://thanksgivingpoint.org/education/summer-day-camps/>

Brigham Young University - Athletic Connection: This program connects BYU Student Athletes with individuals with Down Syndrome to learn skills through fun games and activities. The program usually meets at the UPC (University Parkway Center).

Website: <https://yserve.byu.edu/athletic-connection>

Phone: Teancum Paquette (469) 439-4315

Email: athleticconnection@byu.edu

Location: BYU Campus

Cost: Call for fee information

C.A.S.T. for Kids: This event is designed to provide children with disabilities, ages 6 – 18, the opportunity to enjoy a quality outdoor recreational experience through the sport of fishing. Take to the water with C.A.S.T. for an unforgettable morning of fishing and boating! Registration will begin late Spring. Contact Melanie Castillo for info or to register. Visit the website for a calendar and location of events.

Website: <https://castforkids.org/c-a-s-t-for-kids/> OR

<https://castforkids.org/event/strawberryreservoir/>

Next event date: 6/17/2023

Phone: 801-885-3486

Location: Heber City

Email: strawberryreservoir@castforkids.org

Note: An adult caregiver must accompany the participating individual.

Courage Reins Therapeutic Riding Center: Horseback riding lessons for all ages and abilities.

Website: www.couragereins.org

Phone: (801) 756-8900

Location: 5870 W 10400 N Highland

Email: info@couragereins.org

The Dance Club: The Dance Club offers a free weekly dance class to those with both physical and cognitive disabilities. The classes help your little dancer to improve movement and rhythm. Contact The Dance Club to request their calendar.

Website: <http://www.thedanceclub.com>

Phone: (801) 224-4400

Location : 983 N State Orem, UT. 84057

Email: office@thedanceclub.com



Eagle Mountain Community Events : (Adaptive events throughout the year)

Pony Express Days

Dates: June 1-4

Family Fun Night & Movie in the Park

Date: May 31

Time: 4pm

Location: Nolen Park

We offer free inflatable slides or obstacle courses for all ages. There are promotional vendor booths that will be giving out swag and prizes for all to browse the booths. Food trucks are on-site and available for purchase. Later that night, we play a Movie in the Park, and all can attend.

Carnival & Vendor Booths

Date: June 1-3

Time: Thurs: 4pm-11pm Fri and Sat:12pm-11pm

Location: Cory Wride Memorial Park

Brown's Carnival Amusement rides will be available for purchase. Vendor booths for sales vendors will be throughout the field, selling their items. Food trucks will be on-site, additional accessibility parking will be available, and walkways and paths will be ADA accessible. Live performances will be going on throughout the day, and on Friday night, there will be a Free Concert in the Park for all to attend.

Pony Express Days Parade

Date: June 3

Time: 10 am

Location: Pony Express Blvd. between CVHS & Cory Wride Park.

All can put blankets, chairs, tents along the west side of the road and view the parade. Candy, swag, and promotional items are passed out.

Family Haven Orem Offers 24-hour Crisis Respite Nursery to children with special needs up to age 11. The Nursery provides a break to parents during times of stress.

Phone: 801-229-1181

www.family-haven.org

Hoofbeats to Healing

Hoofbeats to Healing is dedicated to providing therapeutic horseback riding, using an effective natural approach to horseback riding therapy. They work with a variety of different disabilities.

Application needs to be done in person. Scholarships available.

Website: www.hoofbeats.us

Email: tamtrot@gmail.com

Phone: (801) 836-4325

Location: 1218 North 800 West, Saratoga Springs UT 84085

Kids Who Count: Offer a parent class on Tuesdays for those with family members of all disabilities

Website: <https://kidswhocount.org/>

Phone: (801)-423-3000

Location: 345 N. SR 198, Salem

Lehi Adaptive Recreation Programs: Adaptive programs designed and modified exclusively for patrons with disabilities of any age. Programs include: volleyball (starts in the fall at the Curtis Center if completed), swimming (registering now runs April 24-June 12), and bowling (starts March 29),

Website: <https://www.lehi-ut.gov/legacy-center/adaptive-programs/>

Phone: (385)201-1000

Location: Lehi Legacy Center

Recreation and Rehabilitation Services (RAH): RAH helps individuals with disabilities rise to new heights of personal achievement and development. All activities and programs are designed to meet the needs and enhance the lives of participants. They also have day-timers groups, bowling, dinners, swimming, social skills, and special needs scouts.

Ages: 18- adult.

Website: <http://www.rahservices.org/>

RISE Services: Community based summer programs. Summer programs provide children and adolescents with enjoyable and fun recreational activities that include skill development. The programs have a high staff-to-child ratio and offer a much-needed break for parents while their child is out of school for the summer. Our summer programs are supervised and directed by a highly trained team of staff and managers.

Website: <https://riseservicesincut.org/>

Location: 703 South State Street, Orem Utah

Phone: 801-373-1197

Email: monicav@riseservicesinc.org

Saratoga Springs Adaptive Events: The Saratoga Springs Civic Events wants all citizens to be able to enjoy events in the city, spend time together as families and enjoy our great, growing community. As part of this effort the Civic Events Division has tried to create events that can be enjoyed by everyone, to make sure all of our citizens are served. Scroll down for event specific information and to see the FAQ's section for answers to commonly asked questions

Website: <https://www.saratogaspringscity.com/968/Adaptive-Accommodations>

Spanish Fork Community Theater Play: July (date TBA) – one show will be for those with sensory sensitivities with adjustments made to sound and some lighting. Sign Language Interpreting services may also become available with advance notice for that specific play.

Contact: sfevents@spanishfork.org

Spanish Fork Movies in the Park - June 2, July 7. Closed Captioning may be available upon request.

Website: www.spanishfork.org/events

Special Olympics: Offers summer games where individuals with disabilities can compete in a variety of sports including things like cycling, track and field, soccer, and softball.

Website: <http://www.sout.org>

Phone: (801) 363-1111

Age: 8-Adulthood

Email: information@sout.org

SwimKids: Where Fun & Safety Meet. With over 30 years' - worth of experience teaching children 4 months and up, SwimKids can tailor lessons specifically to your child's needs and abilities. Our well-trained, enthusiastic and caring instructors are eager to teach your child to swim.

Website: <https://www.swimkidsutah.com>

Email: pg@swimkidsutah.com

Phone: (801) 691-7946 (call or text)

Location: 550 W 220 S Street, PG

Thanksgiving Point: Thanksgiving Point believes that a community is defined by the diversity of its members' abilities, backgrounds, and cultures. Such diversity is enriching to our organization, our team members, and our community. We strive to make everyone feel welcome and valued. We are committed to providing a safe and meaningful experience for all through continual evaluation, partnerships, and improvement.

Sensory Backpack and Social Stories: Need a little extra sensory support? We are proud to offer sensory backpacks for checkout at the Museum of Ancient Life, Butterfly Biosphere, and the Museum of Natural Curiosity. These backpacks are designed for guests with Autism Spectrum Disorders or other sensory sensitivities to make their visit more enjoyable.

Backpacks include: noise reduction headphones for children or adults, fidget toys, timer, sunglasses, and "if lost please call" wristbands.

Backpacks are free to check out on a first-come, first-serve basis at the admission desk.

Guests are required to leave a valid driver's license or keys during use of the kit.

Website: <https://thanksgivingpoint.org/attractions-tickets/accessibility/>

Utah County Parks and Recreation Adapted Aquatics: Programs are provided year-round with swimming instruction for children with cognitive and physical disabilities.

Contact: Erin Jenkins ejenkins@americanfork.gov

Location: American Fork

VIP Adaptive League: The VIP Special Needs Sports League in Springville City is a unique organization that serves children and adult's ages 5-30 who have any mental and/or physical disabilities. For the children involved, this program allows them the opportunity to participate in the great games of baseball, soccer, and basketball that all their friends and siblings are doing without feeling left out.

Website: <https://www.springville.org/recreation/youth-sports/adaptive>

Email: keri.beardall@msn.com

Age: 5-30 years

Location: Springville

Phone: 801-489-2730

Central UT 6 County Area

Juab, Millard, Piute, Sevier, Sanpete, Wayne Counties

Contact programs for current coronavirus updates and precautions.

Ability 1st: Ability 1st in Ephraim empowers people with disabilities to live independently through education and provides disability resource information.

Location: 85 West 100 North, Ephraim, UT 84627

Phone: (435) 283-4949

Website: <https://ability1stutah.org/contact-us/>



Nephi Adaptive Sports: Designed specifically for youth with mental or physical disabilities.

This six week program is a great way for youth to socialize, make new friends and exercise.

Ages: 5-20

Cost: \$10 per person/per sport

No uniforms are needed, we'll use reversible jerseys provided at each event.

Website: <https://www.nephi.utah.gov/212/Youth-Adaptive-Sports>

Nephi City Library: Summer Reading activities and story times offered

Phone: 435-623-1312

Website: <https://www.nephi.utah.gov/154/About-Us>

Red Rock Center for Independence: call for program information

Satellite Location in Richfield

Website: <https://www.rrci.org>

Phone: 435.979.6416

Sanpete Community Training Center: Sanpete Community Training provides support to people who have developmental disabilities. One of the several supports they provide specifically to our high school/post high students is supported employment.

Phone: 435-283-4718

Website: <https://www.ssanpete.org/600-mhs/mhs-special-education-tabs/3031-mhs-sanpete-community-training-tab.html>

Sanpete County Museum and Art Exploration: Self guided walking/rolling Tour of Historic Ephraim and Manti, museums and art to explore.

Website: <https://www.sanpete.com/museums--art.html>



Eastern Utah

Carbon, Duchesne, Emery, San Juan, Grand, Uintah, Daggett Counties

Contact programs for current coronavirus updates and precautions.

Active Re-Entry Center : Active Re-Entry is a community based program which assists individuals with disabilities to achieve or maintain self-sufficient and productive lives in their own communities and home; Locations in Price, Vernal, Moab and Blanding

Address: 10 South Fairgrounds Road Price, Utah 84501

Website: <https://www.arecil.org/locations.htm>

Phone: Voice/TTY: 1-435-637-4950

Email: active@arecil.org

Programs offered include:

- Low Vision
- Assistive Technology
- Scooter Training
- Youth Programs
- Music and Memory
- PERKIE Travels
- Community integration
- ADA Technical Assistance & Facility Evaluations
- Nursing Home Diversion & Transition
- PAWS
- Peer Support Groups
 - Grief
 - Caregivers
 - Active Access
 - Low Vision
- Facility Evaluations

Boys & Girls Club: Programs open to children of all abilities.

Website: https://www.gsclubs.org/find_a_club/price-boys-girls-club.html

Age: Grades K-12

Location: 60 E. 100 N., Price, UT 84501

Phone: 435-637-6066



Carbon County Library

Free classes and story times

Website: <https://carbonlibraries.org/>

Carbon County Recreation

Inclusive and accommodating for all abilities.

Location: 450 S Fairgrounds Way, Price, UT 84501

Phone:(435) 636-3702

Email: <https://www.carbonutah.com/department/recreation/>



Carbon County 4-H

4H is open to all youth in Carbon County .Every youth who desires to participate in Utah 4-H must enroll as a 4-H member.

Location: 751 E. 100 N. Price Ut, 84501

Website: <https://extension.usu.edu/carbon/4h/index>

Phone: (435)-636-3233

King Coal Theatre

Wheelchair accessible, available for private events, family night and matinees offered

Location: 1171 East Main Price, Utah

Website: <https://www.pricetheatre.com/>

Phone: 435-650-0500



Price County Events

Watch this page for community events.

Website: <https://www.pricacityutah.com/events.html>



Deseret Wave Pool

Our goal at the Desert Wave Pool is to provide a safe and enjoyable aquatic environment for visitors, as well as the adults and children of our community. We hope to offer and provide the highest quality of instructional programs so our patrons may gain the knowledge and experience they need to ensure themselves the confidence and satisfaction around the aquatic arena. Our high quality of staffing will ensure a unique and positive experience for the patrons that visit our pool on a daily basis. We will do our best to ensure that your experience at the Desert Wave Pool is the safest and most enjoyable for you and your family as you swim in clear, clean and healthy water.

Location: 250 E 500 N, Price, UT 84501

Website: <https://www.pricacityutah.com/desert-wave-pool.html>

Phone: (435) 637-7946



Emery County Swimming Pool

All lessons are open to all kids. For the first time ever special needs swim classes for kids that might need smaller groups or more attention will be offered , please call for more information.

Phone: (435) 381-7946

Center Manager: Shannon Hiatt

Website: <http://www.emerycounty.com/pool/>



Castle Country Events

Please see calendar for up to date information

Website : <https://www.carbonutah.com/events/>



Emery County Recreation District

Please contact the program with questions.

Website: <http://www.emerycounty.com/rec/index.htm>

SW Utah 5 County Area

Beaver, Iron, Garfield, Kane, Washington Counties

Contact programs for current coronavirus updates and precautions.

Cedar City Aquatic Center

The Cedar City Aquatic Center, located on the south end of Cedar City, is a fun and family friendly experience. With many options to choose from, patrons can Splash on the playground, swim laps in the lap pool, walk or float in our lazy river, Speed down the water slide, or relax in the hot tub! We even have a weight room with dumbbells, a pulley machine, treadmills, ellipticals, stationary bikes, and a rower for those who want to get a workout without getting wet! Swimming lessons are available for all kids, call or email to find out more information.

Location: 2090 W. Royal Hunte Dr.

Phone: (435) 865-9223

Email: bmarcie@cedarcity.org

Website: www.familysupportutah.org<https://www.cedarcity.org/445/Aquatic-Center>

Family Support Center - Richfield

The Richfield Family Support Center offers a clean, safe, home-like environment for your kids. Children visiting the Center enjoy safe, structured, and fun activities. They are fed nutritious meals throughout the day. The daily schedule includes craft activities, learning time, play time, and quiet time. Staff members are well trained professionals and paraprofessionals with experience working in the areas of family preservation and child abuse prevention.

Location: 58 E 300 N, Richfield, UT 84701

Phone for Sevier/Sanpet Counties: (435) 896-4256

Email: richfieldnursery@familysupportutah.org

Website: www.familysupportutah.org

Family Support Center of Southwestern Utah

Offers youth mentoring, nursery services, home visitation, post adoptive support visitation exchange, and parent education. Crisis care is available 24/7.

Location: 102 North 200 East, Cedar City, UT 84720

Phone for Iron/Beaver Counties: (435) 586-0791

Email: cedarcitynursery@familysupportutah.org

Website: www.familysupportutah.org

Family Support Center of Washington County

Regularly scheduled respite care can be requested up to three hours per week, per family, as scheduling allows. Serving children ages 0-11 years of age. All services are free of charge. Crisis care is available 24/7.

Location: 310 West 200 North, St. George

(Additional Locations in Richfield and Cedar City)

Phone: (435) 674-5133 After hours: (435) 773-0585

Website: <https://www.fsc4kids.org/respite-care/>

Flying Fish Swim Program- At Sand Hollow Aquatics

Specifically designed for those with special needs ages 10 years and up. We focus on stroke development and training. This 10-month program will help each participant to become physically active, build self-confidence, and self-esteem, and develop swimming skills. Classes are held on the 1st and 3rd Tuesday of each month from 6:30-7:30 pm.

Website: <https://www.sgcity.org/aquatics/flyingfishswimprogram>

Location: 175 East 200 North, St. George, UT 84770

Phone: 435.627.4000

Girls on the Run

Enjoy building friendships in a fun and inclusive setting that includes interactive games, being physically active, and expressing creativity through arts and crafts and storytelling. Camp GOTR provides a one-of-a-kind opportunity for girls to develop self-confidence, have fun with friends, and learn life skills they can use now and as they grow.

Ages: (Females) 3rd - 5th Grades

Email: melissa.miller@girlsontherun.org

Phone: (435)-703-0299

Website: www.gotrsouthernutah.org

Hurricane Adaptive KIDSZONE - Hurricane Recreation

Providing individuals with Mental, Physical & Intellectual disabilities the opportunity to participate in leisure programs, which can potentially enhance their quality of life.

Website: <https://www.hurricanerecreation.com/kidszone>

Location: 63 south 100 west Hurricane UT 84737

Email: jennifer@hurricanerecreation.com



Iron County Parks and Recreation

Parks, pavilions and kids fishing ponds - Woods Ranch Recreational area and Three Peaks Recreational Complex

Website: <https://www.ironcounty.net/government/departments/outdoor-recreation/about>

Iron Co Special Olympics: Many activities by sport and season. Contact helenjohnson.ayso@gmail.com for information.

Iron County Warrior Baseball League

Tanisha Wittwer

Email: tanishawittwer@gmail.com

Facebook Group: https://www.facebook.com/groups/1572400939581922/?ref=group_header

Warrior League is an adaptive baseball program for individuals with physical and intellectual challenges. Any individual with a physical or intellectual challenge may participate. Spring/Summer Registration begins in February.

Kindermusik

Early childhood music and movement classes for children.

Ages: 0-5

Location: 2044 S. Mesa Palms Drive, St. George, UT 84770

Phone: (435)-673-5353

Website: <https://162294.kindermusik.com/location/57190>

Red Rock Center for Independence

Summer youth program offered (small fee charged) , youth and adult activities are ongoing programs offered in ST George location .Must sign up as a consumer first , no cost of service for ongoing activities - call for more information-

Phone: (435) 673-7501

Website: https://www.rrci.org_

St. George Marathon Fun Run Walk N' Roll

Adaptive Division is open to all ages for persons with disabilities. Each participant is required to have one person without disabilities to accompany them from the start to the finish line (you can register an additional accompanying individual for an added fee). Run, walk, or roll your way to the finish!

Website: <https://www.stgeorgemarathon.com/funrunwalknrollregistration/>

SwimKids

Where Fun & Safety Meet. With over 30 years'- worth of experience teaching children 4 months and up, SwimKids can tailor lessons specifically to your child's needs and abilities. Our well-trained, enthusiastic, and caring instructors are eager to teach your child to swim.

Website: <https://www.swimkidsutah.com>

Phone: (801) 691-7946 (call or text)

Email: info@swimkidsutah.com

Location: 449 So Valley View Drive, St George

Statewide or National Resources

Contact programs for current coronavirus updates and precautions.

A Buddy Just Like Me: A Buddy Just Like Me helps individuals with a diagnosis, their families, and caregivers find and create meaningful connections. Finding connections within a diagnosis. Currently building a database of “Buddy” matches. App to be released in Spring 2022
Website: <https://www.abuddyjustlikeme.com/>

Accessible Wildlife for People with Disabilities: The Utah Department of Natural Resources (DNR) encourages people with disabilities to take advantage of our natural resources. DNR's Divisions and other public and private agencies have developed parks, campgrounds, trail systems, fishing piers, and other programs to enable access to our natural resources throughout the state.

Website: <https://wildlife.utah.gov/disabled-access>

Age: All Ages

ActivityTree.com Virtual resource

Website: <https://activitytree.com/>

Put in your zip code you would like to use. Narrow your search by adding filters for the types of activities you are most interested in. Great for planning vacations!

Adaptive Adventures: Based out of Boulder and Chicago, Adaptive Adventures has multiple Lake Powell adaptive water “sport weeks” where participants can enjoy fishing, kayaking, water skiing, boating, etc. Programs are for all ages and abilities.

Website: <https://adaptiveadventures.org/>

Cost: Prices vary but price will include food, lodging, and equipment.

Autism on the Seas: Autism on the Seas has been in collaboration with Royal Caribbean International since 2007 in developing cruise vacation services to accommodate adults and families living with children with special needs, including but not limited to Autism, Asperger syndrome, Down syndrome, Tourette syndrome, cerebral palsy, and all cognitive, intellectual, and developmental disabilities. We provide cruises with our staff that assist adults and families in accommodating the typical cruise services, as well as providing specialized respite and private activities/sessions that allow our guests the use of the ships entertainment venues in an accommodated and assisted manner.

Website: www.autismontheseas.com

Phone: 1-800-516-5247

AYSO VIP Soccer: Where Everyone Plays®: Provides a quality soccer experience for children and adults with physical or mental disabilities that make it difficult to successfully participate on mainstream teams. VIP Buddies ensure that every player has a great AYSO experience.
Website: <https://ayso.org/>

Best Buddies: Dedicated to enhancing the lives of people with intellectual disabilities by providing opportunities for one-on-one friendships and integrated employment.
Facebook: <https://www.facebook.com/bestbuddiesut>
Website: <https://www.bestbuddies.org/utah/>

Blue Star Museums- <https://www.arts.gov/initiatives/blue-star-museums> (Not just Utah!)
Blue Star Museums is a collaboration among the National Endowment for the Arts, Blue Star Families, the Department of Defense, and more than 2,000 museums across America to offer free admission to the nation's active-duty military personnel their families, National Guard Camp; Reserve, from Memorial Day to Labor Day.

Camp Roger: Provides a residential summer camp with counselors trained in the needs of campers with disabilities. Other day and holiday camps are available.
Website: <https://ymcautah.org/>
Phone: (877) 690-9622
Age: 4-18

Hiking Utah Mountains: Enjoy the great outdoors as a family on wheelchair accessible trails. TrailLink has a list of accessible, paved hiking trails in Utah. Each trail will be short in length, surfaced for accessibility, and provide descriptions of the hike. You can look at the website or they all can be downloaded from the your App Store (look for TrailLink).
Website: www.traillink.com/stateactivity/ut-wheelchair-accessible-trails.aspx

Museums for All: Through Museums for All, those receiving food assistance (SNAP benefits) can gain free or reduced admission to more than 800 museums throughout the United States simply by presenting their EBT card. Search below to find a participating museum near you!
Website: <https://museums4all.org/>

Utah Burn Camp: The University of Utah Health Burn Camp Program was established in 1993 to help support burn survivors with the personal challenges associated with surviving a burn injury. We currently run five different programs geared toward specific age groups, providing a safe and supportive atmosphere for everyone involved.
Phone: 801-585-2847
Website: <https://healthcare.utah.edu/burncenter/burn-camp/>

I See You: This new organization's purpose is to help individuals and entire families with invisible illnesses. They will be hosting activities throughout the year, such as art therapy. To learn more visit their website, call, or e-mail. Like their Facebook page to receive info on events.

Facebook: <https://www.facebook.com/iseeyoufoundation/>

Website: www.iseeyouutah.org

Phone: (801) 410-1773

Kids Camps.com--An online resource to find specialty camps all over the US

https://www.kidscamps.com/summer_camps/utah-summer-camps.html

MDA Camp: MDA Summer Camp is a magical place where anything is possible — from swimming to zip-lining and horseback riding to dancing under a disco ball and gaining valuable life skills. Each summer, thousands of kids attend life-changing, overnight camps around the U.S. — at no cost to their families, thanks to our generous supporters.

Website: <https://www.mda.org/summer-camp>

Megaplex: Offers a sensory friendly summer movie series for children. All sensory friendly showings will be at 10:30 am. Just \$10.00 for 10 weeks!

Website: <https://www.megaplextheatres.com/i/kidsmovies>

National Ability Center: National Ability Center is definitely worth the drive up to Park City. They offer just about every kind of outdoor recreational activity a person could do (including: rock climbing, swimming, archery, sledge hockey, cycling, water-skiing, kayaking, wakeboarding, paddle board, snowboarding, snowshoeing, and Nordic skiing, (to name some activities). It empowers individuals of all abilities by building self-esteem, confidence, and lifetime skills through sport, recreation, and educational programs. Forms and a complete list of programs can be found on their website.

Website: www.discovernac.org

Location: Park City, UT

Phone: 435.649.3991 x 625

National Parks and Federal Recreation Lands: Free Access Pass is a lifetime pass for U.S. citizens or permanent residents with permanent disabilities. The pass provides access to, and use of, Federal recreation sites that charge an Entrance or Standard Amenity. The pass admits the pass holder and passengers in a non-commercial vehicle at per vehicle fee areas and pass holder + 3 adults, not to exceed 4 adults, at per person fee areas (children under 16 are admitted free). The pass can only be obtained in person at the park.

Website: <https://www.nps.gov/planyourvisit/passes.htm>

Special Olympics: Offers summer games where individuals with disabilities can compete in a variety of sports including things like cycling, track and field, soccer, and softball.

Website: <https://www.specialolympics.org/get-involved/athlete?locale=en>

Ages: 8-Adulthood

Phone: (801) 363-1111 ex 223

Email: information@sout.org

Special Needs Scouts and Autism Spectrum Inclusive Scouts : Contact David

Lyon for local group information.

Phone: (801) 440-5070



Summer Fun National Summer Camp Directory: Links to over 200 camp Web sites serving children with disabilities, as well as useful information and resources to help create a rewarding summer camp experience for you and your child.

Website: <https://fcsn.org/>

Utah Hemophilia Foundation: Bringing people with bleeding disorders together for support and learning. Community events, Camp Valor, Teen Weekend.

Website: <https://hemophiliautah.org/new-events>

Facebook: <https://www.facebook.com/groups/283017781722742>

Utah Lakes and Rivers: Utah Division of Wildlife Resources has free licenses for Utah residents with physical and cognitive disabilities. Individuals must apply for the license at <http://wildlife.utah.gov/disabled-access/>. The DWR website has a complete list of over 50 accessible fishing docks. They will also have many different accommodations for hunting as well.

Phone: (801) 538-4700

Website: <https://wildlife.utah.gov/>

Email: DWRcomment@utah.gov



Utah State Parks: Many Utah State Parks, like the National Parks, have trails that are accessible by everyone. State parks in Utah with such trails are Dead Horse Point, East Canyon, Fremont Indian, Jordanelle, Snow Canyon, and the Historic Union Pacific Rail trails. Many others have accessible fishing docks, including Bear Lake, Deer Creek, Huntington, Millsite, Quail Creek, Red Fleet, Rockport, Sand Hollow, Starvation, Utah Lake, Willard Bay, and more.

Phone: (801) 538-7220

Website: <https://stateparks.utah.gov/>



Utah Life Elevated: The links on this page lead you to a myriad of choices to help you discover more of what Utah has to enjoy.

Website: <https://www.visitutah.com/things-to-do>

Utah's National Parks : Utah's National Parks do not have specific programs for those with disabilities. They still offer junior ranger programs that can be tailored to the needs of your child. Stop by the visitor center as soon as you get to the park to talk with a ranger about such accommodations. Some parks offer "kits" or ranger-led programs that allow children of all abilities to experience Utah's great natural resources. Check park websites or visitor centers for wheelchair accessible trails and paths.

Website: www.nps.gov/Utah



Classes & Camps

Non-Disability Specific



Contact programs for current coronavirus updates and precautions.

4-H Summer Camps: The structure of these camps is unique and helpful for both the kids attending and parents looking for summer activities.

Website: <https://utah4h.org/projects/specializedprograms/camps/>

Phone: (435) 797-4444

Star Camp: Missions to Mars, Rockets, Astronaut training, Field trips, Science classes, experiments, and engineering. Stay overnight, work in a team, and have the time of your life at Star Camp!

Website: <https://www.doulassciencecenter.org>

Phone: (801) 917-4829

Email: info@doulassciencecenter.org

Ages: 5-15

Location: DaVinci Academy of Science and the Arts- 2033 Grant Ave, Ogden, UT 84401

Bike Collective: Earn a Bike program with Bike Collective. It is a rigorous six-week introductory bike mechanics course offered free to anyone ages 6-18. Each class is 1.5 hours long, twice a week, totaling 18 solid hours of instructional time. Upon graduation, students earn their own bicycle to keep and ride with pride.

Website: <https://bicyclecollective.org/>

Phone: (801) FAT-BIKE (328-2453)

Ages: 6-18

Location: Salt Lake, Provo, Ogden, St. George

Camp Resource: Filter by State for Utah and specific choices about camp types.

Website: <https://www.campresource.com/>

The Living Planet Aquarium Youth Camps

We look forward to seeing you this summer for another fun camp season! Camps will run from June to August, serving campers aged 4 to 17 years old. Wheelchairs available to rent

Website: <https://thelivingplanet.com/education/youth-camps/>

Location: Draper

Higher Ground Learning: Higher Ground Learning has partnered with the University of Utah's Youth Education program since 2004. Each summer we offer over 30 workshops designed to get kids off of the couch and excited about learning. Classes such as Freakonomics, Build Your Own Longboard, Fashion Design and Dissection Inspection provide an opportunity for kids of all interests to learn in a fun and safe environment. Whether you have an artist or a scientist, our workshops are designed to create love for a lifetime of learning.

Website: <https://www.highergroundlearning.com/summer>

Phone: (801) 524-0817

Email: info@highergroundlearning.com

Location: Salt Lake City

Ages: 8-18

Kids Camps.com- http://www.kidscamps.com/summer_camps/utah-summer-camps.html

Different categories to search from. Click on the advanced search to be more specific.

The Leonardo: The Leonardo programs are an excellent match for children with curious minds, who love hands-on experiments and fun experiences! Your child will encounter academically and socially interesting topics that engage in multi-disciplinary themes. Our programs provide a cohesive experience that stretches the imagination, challenging your child to see the world around them in a different way. We want to encourage campers to use critical thinking skills to answer any questions they may ask!

Website: <https://theleonardo.org/programs/>

Phone: (801) 531-9800 ext 103 Ages: 6-13

Little Gym: Combining physical activity, gymnastics, games, and arts & crafts, we'll help your child beat the summer heat or winter blues with seasonal camps at The Little Gym! Check out your location for more information.

Website: <https://www.thelittlegym.com/Parties-Camps#camps-anchor>

Location: Cottonwood Heights, Draper, Park City, SLC

Ages: 3-12 Cost: Varies by location

Mathnasium: Our goal is to significantly increase your child's math skills, understanding of math concepts, and overall school performance, while building confidence and forging a positive attitude.

Website: www.mathnasium.com

Location: Over 10 locations to choose from

Phone: (877) 601-6284

Ages: 2nd grade-12th grade

Red Butte Garden: Hey kids! Spend a week at Red Butte Garden in our fun and educational day camps. Discover science, nature, art, and more—all while making new friends, and exploring the great outdoors! Morning and full-day week-long camps offer flexible scheduling options. Spend a week or more with us this summer in the Garden!

NOTE: We are happy to accommodate all children in our Summer Camp program. Please let us know if your child has physical, emotional, educational, or medical special needs so we can plan accordingly. If your camper has any severe allergies or chronic illnesses (including food or other allergies) please let us know and advise us on what we can do to help your camper have a safe and fun time at camp. To discuss specific details about your camper, please call.

Website: <https://redbuttegarden.org/kids-classes/summer-camp/>

Phone: 801.585.0556

Location: Salt Lake

Email: summercamps@redbutte.utah.edu Ages: 1st-4th grades

Rowland Hall Summer Works: Provides an active and engaging day camp experience for students from a wide variety of schools across the Salt Lake area. Every summer, campers make friends, learn new skills, create memories, and have a blast!

Website: <http://www.rowlandhallsummer.org/>

Phone: 801-924-2971 Email: summerworksadmin@rowlandhall.org

Age: 4-those entering 9th grade Location: Salt Lake City

Cost: <http://www.rowlandhallsummer.org/tuition.html>

Scales & Tails Utah: We offer entertaining, educational, and interactive reptile and bird shows to cities all over Utah. We will travel to your location and perform our show for your child's birthday, scout group, classroom, school assembly, or any kind of event that you would have us come to. This will be the second year we are offering a summer camp for kids to be held in our animal shop!

Website: <https://www.scalesandtailsutah.com/>

Phone: (801) 577-7182

My Summer Camps- Find a camp geared to a particular interest or location

<http://www.mysummercamps.com/camps/utah-summer-camps.html>

Utah Olympic Oval: Family Fitness and recreation. Children participate in FUNdamental classes where they learn the fundamentals of sport such as throwing, balance, and more.

Website: <https://utaholympiclegacy.org/utah-olympic-park-summer-sport-programs/>

E-Mail: oval@uolf.org Phone: (801) 968-6825

Ages: 7-10

Utah Museum of Natural History Camps: At NHMU, we are committed to cultivating lifelong skills in STEAM (Science, Technology, Engineering, Art, and Math) investigations that promote independence, nurture teamwork, and inspire resiliency and innovation while providing time to explore the natural world. This summer, we're offering two experiences; at home and at the Museum! NHMU summer camp experiences at the Museum and at home deliver fantastic science- and nature-based experiences to your kids. Our Summer@NHMU programs take full advantage of the Museum's exhibits and collections as well as the incredible natural environments around our site. Our Summer@Home lineup provides the supplies, the excitement, and the expert facilitation you expect of our programming, all in the comfort of your own home. No matter which camp program you choose, your child will:

explore the natural world from new perspectives,
put the scientific method into action,
engage in authentic experiences with Museum staff and collections,
make new friends and have fun!

Website: <https://nhmu.utah.edu/summer-camp>

Phone: (801) 585-3948 Age: Kinder-6th grade

Email: programs@nhmu.utah.edu Cost: \$165-\$335

Wasatch Community Gardens: We invite you to explore the garden and the natural world and eat health, tasty snacks with us through our Summer Camp in a Box program! All of the elements that campers love about being in the garden - experiments, crafts, games, and healthy snacks - will again be available in a take-home format so campers can participate remotely. Sign up for a box full of activities and recreate the wonder of garden-based learning at home - no garden or internet required!

Website: <https://wasatchgardens.org/youth/2022-summer-camps>

Phone: (801) 359-2658 Ages: Kinder-8th grade

Cost: \$85-\$325 (scholarships are available)

Wasatch Kids Camp: Wasatch Kids Camps is thrilled to offer both day camps and overnight travel camps for children ages 6-13! Registration is done on a week-by-week basis, allowing parents and children to decide between several camp options throughout the summer.

Whether you fancy regular day camps, or travel camps, we have something for you!

Website: <https://www.wasatchkidscamps.com/calendars>

Phone: (801) 263-2267

Email: office@wasatchkidscamps.com

Age: 6-16

Wheeler Historic Farm: Boys and girls, ages 6-10 years old enjoy turn of the century farm life and outdoor adventure. Activities include: milking cows, farm chores, horseback riding, feeding animals, gardening, historic house tours, hiking, art, wagon rides, and more-- Half and full day.

Website: <https://slco.org/wheeler-farm/camps--classes/summer-camp/>

E-Mail: wheelerfarm@slco.org

Ages:6-10

Phone: (385) 468-1755

Cost:\$150

Youth Garden Project Moab: We're gearing up for the 2022 season of camps! Get all the details about Spring Break Camp and Summer Camps below.

Spring Break Camp registration opens on March 15

Summer Camp Registration opens on March 22.

Website:<https://www.youthgardenproject.org/youthcamps/>

Location: 530 South 400 East St Moab Ut, 84532

Phone: 435-259-2326

Email: info@youthgardenproject.org

Free or Low Cost Activity Ideas

Contact programs for current coronavirus updates and precautions.

Clever Octopus: Our nonprofit, located in Salt Lake City, helps you find discount art supplies through the resale of thrifted arts & crafts materials that would otherwise end up in a landfill. We also offer affordable community classes on a variety of art and science topics. Create art, waste less, and save money with us. We host youth workshops throughout the Salt Lake Valley, including on-site programs, take-home art activities, summer camps and more.

Address: 2250 S West Temple, SLC, UT, 84115

Website: <https://www.cleveroctopus.org/>

Find a Museum: Find a local Utah Museum (some are free, we recommend calling for pricing/hours.)

Website: <http://www.utah.com/museums/>

Golden Spike National Monument: The site where the last spike was driven is located within a hundred yards of the Visitor Center and is commemorated by a polished wooden tie with a plaque resting inches from where the 1869 ceremony was held.

Website: <https://www.nps.gov/gosp/index.htm>

Gilgal Sculpture Gardens: Gilgal Sculpture Garden was envisioned, designed, and created by Thomas Battersby Child, Jr. in the mid-twentieth century. Tucked in the middle of the block behind houses and businesses, many are still unaware of its existence and enjoy a true sense of discovery when they visit the garden for the first time. Gilgal Sculpture Garden contains 12 original sculptures and over 70 stones engraved with scriptures, poems, and literary texts. As a whole, Gilgal Sculpture Garden is significant as the only identified “visionary art environment” in Utah.

Address: 749 East 500 South, SLC, UT 84102

Website: <http://gilgalgarden.org/about-gilgal-sculpture-garden/>

Utah Motorsports Campus: Go Karts, Race Track UMC Family Fun Center

Address: 512 Sheep LN, Erda, UT, 84074

Phone: (435) 277- 8000

Website: <https://www.utahmotorsportscampus.com/>

Letterboxing: It’s like getting a treasure map and looking for a hidden treasure. There are letterboxes all over the United States. The website has all the instructions of how to get started and on your way. There are a wide variety of adventures to suit all ages. This is a good alternative for geo caching!

Website: <http://www.letterboxing.org/GettingStarted.php>

Now Playing Utah: A website that offers information on upcoming activities including free events.

Website: <http://www.nowplayingutah.com/#>



Hill Aerospace Museum: 30 acres of military aircraft to look at and walk through. It is located at the northwest corner of Hill Air Force Base. Most of the museum is wheelchair accessible.

Address: 7961 Cottonwood Street, Building 1955, Hill Air Force Base, UT, 84056

Website: <https://www.aerospaceutah.org/>

Phone: (801) 825-5817

Gale Center Museum: Offers a unique look at the history of South Jordan and Americana. With its interactive displays and hands on approach to learning, it is a great place to visit with young children.

Website: <https://www.sjc.utah.gov/336/Gale-Center-Museum>

Granite Unplugged: Play Unplugged is all about encouraging kids to put down their electronics and get out and play. This is done by creating a symbiotic relationship between kids, parents, and local businesses. This relationship creates an incentive for all to participate as one motivates the other. Kids earn a Brag Badge for every activity they complete. The badges are specifically designed to be fun, colorful, and highly collectable. Some examples of Brag Badge activities include: fishing, hunting for bugs, hiking and more!

Website: <https://schools.graniteschools.org/farnsworth/2014/04/15/granite-school-district-unplugged/>

Email: info@weplayunplugged.com

Phone: (435) 625-1289

Wheeler Farm: Free historic working farm. There are small fees for hayrides and milking cows.

Website: <http://slco.org/wheeler-farm/>

Start your own 4H club! Kids K-12 can join an open club or create one with 5 kids (from 3 families) at your school or in your neighborhood – 4H provides training and curriculum to parent volunteers who lead the group – dues are \$1 (covers insurance). Not just horses and livestock, 4H offers opportunities in everything from robotics to mock legislature to cooking to dog training! Summer Camps are open to all kids.

Website: <http://saltlakecounty4-h.org>

Tooele Historical Sites: Tooele County is home to many free/low-cost sites.

Website: <https://tooeleco.org/recreation-and-tourism/tooele-county-guide-to-historical-attractions/>

Adaptive/ All Ability Playgrounds

All Together Playground

Website: <https://orem.org/atp/>

Address: 200-298 100 N, Orem, UT 84057

Phone: (801) 229-7099

Adventure Heights All-Abilities Park

Website: https://www.spanishfork.org/departments/parkrec/parks/adv_heights.php

Address: 1321 E Canyon Rd, Spanish Fork, UT 84660

Chloe's Sunshine Playground at Centennial Park

Website: <https://www.syracuseut.gov/Facilities/Facility/Details/Centennial-Park-5>

Address: 1800 S 2000 W, Syracuse, UT 84075

Draper Park Unity Playground

Website: <https://www.utahsAdventurefamily.com/draper-city-park/>

Address: 12500 S 1300 E, Draper, UT 84020

North Park Unlimited Play

Address: 500 N 500 W, Provo, UT 84601

Phone: 801-852-6606

Thunder Junction All Abilities Park: Employs over 30 workers with disabilities to work at the train attraction and concessions located at the park.

Website: <https://www.sgcity.org/cityparks/thunderjunction>

Address: 1851 South Dixie Drive, St. George UT 84770

Veteran's Memorial Park: 1985 W 7800 S, West Jordan, UT 84088

Pavilions are available to reserve at both Veterans Memorial Park and Constitution Park.

Reservations for pavilions must be made online at: <https://www.westjordan.utah.gov/make-a-reservation>

West Valley City- Peachwood Park Inclusive Playground: Peachwood Park is open!! This includes the new inclusive playground, which is amazing. What is an inclusive playground? An inclusive play space is where children of all abilities can play with a rich rang of physical, sensory, and social experiences.

Address: 3510 W 3965 S, West Valley City, UT 84119

Website: <https://www.facebook.com/WVCParksAndRec/posts/peachwood-park-is-open-this-includes-the-new-inclusive-playground-which-is-amazi/773395726793889/>

Virtual and Online Only Opportunities

Music Together Online - Hello Music MT - Online Classes are open now

<https://www.hellomusicmt.com/mtonline.html>

Red Butte Garden Virtual Resources

<https://redbuttegarden.org/plan-your-garden-visit/online-classes-virtual-resources/>

Mindful Classes for Kids

<https://www.mindfulschools.org/free-online-mindfulness-class-for-kids/>

National Park Virtual Tours

<https://www.nationalparks.org/connect/blog/take-virtual-visit-national-park>

Louvre Museum Tour

<https://www.louvre.fr/en/visites-en-ligne>

Animal Live Cams - Bears, Birds, Dogs, Cats, Africa, and more!

<https://explore.org/livecams/african-wildlife/olifants-river>

Google Arts and Culture App

For Apple devices: <https://apps.apple.com/app/arts-culture/id1050970557>

For Android devices: [https://play.google.com/store/apps/details?](https://play.google.com/store/apps/details?id=com.google.android.apps.cultural&hl=en_US)

[id=com.google.android.apps.cultural&hl=en_US](https://play.google.com/store/apps/details?id=com.google.android.apps.cultural&hl=en_US)

FREE Educational Resources and Tips for Parents by Danika Taylor

https://docs.google.com/document/d/1kTO20KQgSzNuo0JvaeJjeQpuQYLy2mqZhJB23L2rQ_U/edit?fbclid=IwAR3EI-JFHm7yzltQovy5t7df5mdx7NCVRCSmCPUXPCl2_W1NFp8QB_oMpAQ

Learn to Code for Free - Coding Programs for Kids

<https://mommypoppins.com/coding-kids-free-websites-teach-learn-programming>

Ocean Voyager Live Web Cams - Georgia Aquarium

<https://www.georgiaaquarium.org/webcam/ocean-voyager/>

Story Time From Space - Real astronauts read stories from space!

<https://storytimefromspace.com/ada-lace-part-1/>

Story Pirates Podcast

<https://cms.megaphone.fm/channel/storypirates?selected=GLT2527227675>

Virtual Tech Camp

<https://www.idtech.com/virtual?>

[utm_source=google&utm_medium=cpc&utm_term=%2Bvirtual%20%2Bcamp&gclid=CjwKCAjw9MuCBhBUEiwAbDZ-7nPbFjjwnk14C-yteC7d--MyexOE9l-1OxqEXI1D28VsvfaMuiOhahoCuooQAvD_BwE](https://www.idtech.com/virtual?utm_source=google&utm_medium=cpc&utm_term=%2Bvirtual%20%2Bcamp&gclid=CjwKCAjw9MuCBhBUEiwAbDZ-7nPbFjjwnk14C-yteC7d--MyexOE9l-1OxqEXI1D28VsvfaMuiOhahoCuooQAvD_BwE)

Outschool: Offering many online programs at low costs. Truly something offered for every interest and age group! Social Skills and Executive Function Classes are available as well!

Ages: 3-18

Website: <https://outschool.com/summer#abl01njq7b>

Additional Resources

Care About Childcare: Offers summer childcare guides for counties throughout the state. The website also helps match parents with childcare providers and has a link to locate free summer lunches and meals for kids under “Summer Activity Guides”

Website: <https://jobs.utah.gov/occ/cac.html>

211 -Utah: Comprehensive resource lists by region/zip code. Resources include food, clothing, disability, etc.

Website: <https://211utah.org/>

Community Education Centers: Many local school districts and colleges offer Community Education programs for all ages! Check your local area for a Community Education Center near you! Easy to find information--just do an online search for "Community Education Centers near me."

Easter Seals GoodWill: Assists families in the Provo, Utah school district who have infants or toddlers ages birth to 3 years old with developmental delays and/or disabilities with a no-cost screening evaluation.

Website: <https://www.esgw.org/provo-early-intervention/>

Phone: (801) 852-4525

Location: 3550 N University Ave Suite 100-125, Provo UT 84604

Eaton Alliance: Provides around the clock living solutions to people with Autism and other developmental disabilities in all aspects of life in a variety of programs. Programs include: residential, day programs, supported living, host homes, and professional parenting. DSPD Funding and private pay accepted.

Website: www.eatonalliance.com

Location: 679 N 1500 W, Orem UT/131 W 7065 S, Midvale, Utah 84047

Family Support Centers of Utah: Centers are located across the state and offer crisis nursery care, scheduled respite, parenting classes, and supervised custody visits.

<https://utahfamilies.org/>

Free meals for children through the Utah Food Bank: The Utah Food Bank runs a program called “Kids Café” that feeds children throughout the state at various locations.

Website: <https://www.utahfoodbank.org/programs/kids-cafe/>

Family to Family Network (FtoFN): The Family to Family Network (FtoFN) is a statewide family support network run by volunteers. It is designed to educate, strengthen, and support families of persons with disabilities, especially those who are on the waiting list or are in services with the Division of Services for People with Disabilities (DSPD). Network leaders are parents of individuals with special needs and link families to local resources, services, and disability-friendly events. Please see their Facebook page for information on events in your area, or contact the Utah Parent Center at 801-272-1051 to be added to their mailing list. The FtoFN is a project of the Utah Parent Center.

Facebook: <https://www.facebook.com/utahfamilytofamilynetwork/>

Website: <https://utahparentcenter.org/projects/family-to-family/>

NorthEastern Services: Supports opportunities for people to achieve independence, enhance self-esteem, and sustain a full quality of life. Programs include residential, day services, behavior supports, afterschool and summer programs, finance support, and supported living.

Website: www.nesutah.com

Various locations across the state

Email: admin@nesutah.com

RISE Services, Inc.: After school and summer programs that give children the opportunity to enjoy recreational activities that include skill development and behavior support in a safe setting. DSPD services accepted, along with private pay.

Location: Various locations throughout Utah.

Website: <https://riseservicesincut.org/after-school-summer-programs/>

TURN Community Services, Inc.

Offers various activities through their summer day camps. They also offer Saturday Day Camp and activities throughout the year for all ages. TURN accepts private pay and DSPD clients.

Ages: 6-22 (Specifically summer camp)

Website: <https://www.turncommunityservices.org/>

Location: Located throughout Utah; programs may vary by location

Phone: (801) 359-8876

USDA Free Meals For Kids Through Summer Food Service Program: Free meals at various locations for kids. Find a summer site in your community with our [Summer Meal Site](#) Finder mapping tool. You can also text “Summer Meals” to 914-342-7744 or call 1-866-348-6479 to find a site near you.

Website: <https://www.fns.usda.gov/sfsp/summer-food-service-program>

Utah Caregiver Alliance: Provides a free online registry, in partnership with HireMyCare.org, where individuals and families can find support for their family member.

Website: <https://ucoa.utah.edu/caregiversalliance.php>